Award in Moving and Safe Handling for Care Workers

Applying for this course:

To apply for this course, you should have completed compulsory schooling up to 65 years of age, and who hold and MQF Level 3 in Health and Social Care or equivalent. In case of any difficulties regarding the entry requirements kindly contact us on ga.jobsplus@gov.mt.

Course Duration

This course is of 6 hours duration and consists of one Module

General pedagogical guidelines and procedures for this course:

The delivery of this Course will be mainly held through a series of classroom discussion. The trainer will also be holding lessons with the learners which will consist of various presentations, including demonstrations.

This course can also be delivered online. In such cases, the learner is required to have a working camera and a working microphone.

General assessment policy and procedures for this course:

The learner will be assessed through the Ongoing Assessment by way of exercises and demonstrations, which will take place throughout the entire module. The purpose of this assessment for learning will be to review and consolidate the learning being covered. The pass mark is 45%. Weighting is 100% since it is the only type of assessment.

Module 1 Learning Outcomes- Moving and Handling for Care Workers

- ✓ Carry out a risk assessment when moving and handling patients
- ✓ Be responsible for using the correct procedure when moving and handling patients according to the different scenarios
- ✓ Understand the basic anatomy relevant to patient handling
- ✓ Recognise the importance of body mechanics
- ✓ Identify strategies for safe patient movement

- ✓ Identify the importance of safe patient moving for one's own health and for the health of the patient
- ✓ List the common injuries in healthcare related to manual handling
- Identify different mechanical and assistive aids which help with the moving and handling of patients
- ✓ Identify the correct procedure to be used when moving and handling patients according to different scenarios

Module Assessment:

The learner will be assessed through the Ongoing Assessment by way of exercises and demonstrations, which will take place throughout the entire module. The purpose of this assessment for learning will be to review and consolidate the learning being covered. Pass mark is 45%. Weighting is 100% since it is the only type of assessment.

If course is held online, then the assessment will still be held in class (face-to-face, in order to be able to assess the practical skills learned by the trainees throughout the delivery of this module.