# **Award in Paediatric First Aid**

# Applying for this course:

To apply for this course, you should be 16 years of age or older and have already successfully completed a recognised First Aid course up to 12 months prior to start of this course.

#### Course Duration

This course is of 9 hours duration and consists of one Module.

## General pedagogical guidelines and procedures for this course:

The delivery of this course will be mainly held through a series of discussions and hands-on exercises. The trainer will also be holding lessons with the learners which will consist of various presentations and practical demonstrations.

## General assessment policy and procedures for this course:

The learner will be assessed by undergoing practical (and oral) tests that will take place throughout the entire course. At the end of the course the learner will also be assessed through a written test. Successful candidates will be issued with a certificate which will be valid for 3 years, as per local legislation.

#### Module 1 Learning Outcomes- Primary & Secondary Assistance for Infants and Children

- ✓ Define the terms 'infant' and 'child' as applied to first aid scenarios
- ✓ State how the 4 links of the chain of survival can improve the survival and recovery of casualties of heart attacks and other emergencies.
- ✓ List the typical contents of a first aid kit
- ✓ Communicate with emergency services by describing an effective emergency communication protocol
- ✓ Get permission from the legal guardian of the child to help and administer first aid
- ✓ Manage the scene of incident to make the area
  safe for oneself and others
- ✓ Protect oneself against blood borne pathogens by using protective barriers effectively

- ✓ Place an unresponsive, breathing child or infant in a recovery position
- Deliver Rescue Breaths in conjunction with chest compressions to a child/infant who is not breathing adequately
- ✓ Operate an Automated External Defibrillator on a child
- ✓ Check a responsive/unresponsive (but breathing) child/infant for signs of serious bleeding, shock or spinal injury
- ✓ Apply an effective direct pressure method in a serious bleeding scenario
- ✓ Treat an un/responsive child for shock
- ✓ Stabilise the head and neck of a child/infant suspected of suffering from spinal injuries

- ✓ Perform a primary survey by checking the Airway, and that the child/infant is breathing adequately
- ✓ Alert emergency services immediately when a child/infant is not responsive or breathing adequately
- ✓ Apply back blows or abdominal thrusts to a conscious choking child or back blows and chest thrusts for a choking infant
- ✓ Perform an illness/injury assessment including checking for facial expression, general appearance, pallor, cold and clammy skin, temperature and rashes.

**Module Assessment**: The assessment will be divided in two, as follows:

- 1. Each learner will need to conduct practical tests/exercises related to First Aid tasks, such as CPR, Handling a Chocking Victim, Handling an Unconscious Victim, etc. The total duration of these assessments is of 30 minutes and are on a Pass/Fail basis.
- 2. At the end of the course, the learner will be assessed through a written test (having a mixture of multiple choice and short answer questions). The duration of this assessment is of 30 minutes and the Pass mark is 45%.

The learner has to obtain a pass from both the written assessment and all the practical exercises.

The Malta Further and Higher Education Authority (MFHEA) deems this certificate to be at Level 4 of the Malta Qualifications Framework and the European Qualifications Framework for Lifelong Learning. This course comprises study modules to which a total of 1 ECTS point is assigned.