

# Moving and Handling for Care Workers

## Applying for this course:

To apply for this course, you should have completed compulsory schooling up to 65 years of age. In case of any difficulties regarding the entry requirements kindly contact us on [ga.jobsplus@gov.mt](mailto:ga.jobsplus@gov.mt).

## Course Duration

This course is of 6 hours duration and consists of one Module.

## General pedagogical guidelines and procedures for this course:

The delivery of this Course will be mainly held through a series of classroom discussion. The trainer will also be holding lessons with the learners which will consist of various presentations, including demonstrations.

This course can also be delivered online. In such cases, the learner is required to have a working camera and a working microphone.

## General assessment policy and procedures for this course:

The Learner will be assessed through an Ongoing Assessment that will take place throughout the duration of the course. The ongoing assessment will take into consideration the learner's classroom participation throughout the entire course, and will take place by way of oral exercises, one-to-one questions, quizzes, and group activities.

## Module 1 Learning Outcomes- **Moving and Handling for Care Workers**

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| <ul style="list-style-type: none"><li>✓ Understand the basic anatomy relevant to patient handling</li><li>✓ Recognise the importance of body mechanics</li><li>✓ Identify strategies for safe patient movement</li><li>✓ Identify the importance of safe patient moving for one's own health and for the health of the patient</li><li>✓ List the common injuries in healthcare related to manual handling</li></ul> | <ul style="list-style-type: none"><li>✓ Carry out a risk assessment when moving and handling patients</li><li>✓ Identify different mechanical and assistive aids which help with the moving and handling of patients</li><li>✓ Identify the correct procedure to be used when moving and handling patients according to different scenarios</li></ul> |
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## Module Assessment:

Ongoing Assessment that will take place throughout the duration of the course.