# **Maltese Culture for Health Carers**

## Applying for this course:

To apply for this course, you should have completed compulsory schooling up to 65 years of age. In case of any difficulties regarding the entry requirements kindly contact us on <a href="mailto:qa.jobsplus@gov.mt">qa.jobsplus@gov.mt</a>.

### **Course Duration**

This course is of 7 hours duration (including 1-hour assessment) and consists of one Module.

#### General pedagogical guidelines and procedures for this course:

The delivery of this Course will be mainly held through a series of classroom discussion. The trainer will also be holding lessons with the learners which will consist of various presentations, including demonstrations.

This course can also be delivered online. In such cases, the learner is required to have a working camera and a working microphone.

### General assessment policy and procedures for this course:

The Learner will be assessed through a Written Assessment that will take place at the end of the course. During the course, the learners will also discuss case-studies to further help with the acquisition of knowledge, skills and decision-making capabilities.

### Module 1 Learning Outcomes- Maltese Culture for Health Carers

- ✓ Describe key aspects of Maltese traditions, and cultural values that influence caregiving.
- Explain the role of family in Maltese society and how it impacts decision-making and expectations in caregiving.
- Recognize the significance of religion, particularly Catholicism, and its influence on health-related practices, end-of-life care, and daily routines.
- Identify common attitudes towards ageing and disability in Malta and their effects on the wellbeing of elderly individuals and persons with disability

- ✓ Demonstrate culturally sensitive communication skills when interacting with Maltese elderly / patients / persons with disability and their families.
- ✓ Adapt caregiving approaches to align with Maltese customs, ensuring respect for dignity, autonomy, and inclusion.
- ✓ Apply strategies to navigate cultural differences, resolve misunderstandings, and provide care that respects the personal and social identity of clients.

#### **Module Assessment:**

The Learner will be assessed through a Written Assessment that will take place at the end of the course. During the course, the learners will also discuss case-studies to further help with the acquisition of knowledge, skills and decision-making capabilities.

Weighting of the Written Assessment is 100%, and the pass mark is 45%.