

# Developing Individual Leadership Skills

## Applying for this course:

Individuals eligible to enrol in this programme would be 15 years of age (subject they have completed compulsory schooling) and older. Individuals will also need to be able to communicate in and comprehend English.

## Course Duration

This course is of 12 hours duration and consists of one Module.

## General pedagogical guidelines and procedures for this course:

The delivery of this course will be mainly held through a series of discussions, class work exercises and hands-on training. These will enable learners to practice and consolidate the classroom training. The trainer will also be holding lessons with the learners which will consist of various presentations and demonstrations.

## General assessment policy and procedures for this course:

The learner will be assessed through an Ongoing Assessment that will take place throughout the duration of the course.

## Module 1 Learning Outcomes- **Developing Individual Leadership Skills**

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| <ul style="list-style-type: none"><li>✓ Identify different leadership traits and skills.</li><li>✓ Understand personal leadership strengths and areas for growth.</li><li>✓ List interpersonal skills that lead to leadership.</li><li>✓ Understand existing leadership styles.</li><li>✓ Be responsible for building on self-confidence, resilience, and stress management.</li><li>✓ Understand the relation between persuasion and leadership skills.</li></ul> | <ul style="list-style-type: none"><li>✓ Identify and understand the six methods of developing the art of persuasion.</li><li>✓ Practice self-evaluation, self-awareness, and character adjustment.</li><li>✓ Understand the importance of effective communication, active listening, building trust, and rapport.</li><li>✓ Be responsible for applying persuasive communication and leadership skills in personal and professional contexts.</li></ul> |
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**Module Assessment:** There is no Assessment.