

## Award in First Aid

### Applying for this course:

To apply for this course, you should have completed compulsory schooling up to 65 years of age.

### Course Duration

This course is of 16 hours duration and consists of one Module – (including a 1-hour assessment)

### General pedagogical guidelines and procedures for this course:

The delivery of this course will be mainly held through a series of discussions and hands-on exercises. The trainer will also be holding lessons with the learners which will consist of various presentations and practical demonstrations.

### General assessment policy and procedures for this course:

The learner will be assessed by undergoing practical (and oral) tests that will take place throughout the entire course. At the end of the course the learner will also be assessed through a written test. Successful candidates who obtain a pass from both practical and written assessments will be issued with a certificate which will be valid for 3 years, as per local legislation.

### Module 1 Learning Outcomes- **Primary & Secondary Assistance for Adults**

<ul style="list-style-type: none"><li>✓ Manage the scene of incident to make the area safe for oneself and others</li><li>✓ Protect oneself against blood borne pathogens by using protective barriers effectively</li><li>✓ Perform a primary survey by checking the Airway, Breathing and Circulation of a casualty</li><li>✓ Alert emergency services immediately when a casualty is not responsive or breathing normally</li><li>✓ Place an unresponsive, breathing person in a recovery position</li><li>✓ Monitor a casualty's breathing and circulation for signs of deterioration</li><li>✓ Deliver chest compressions to a casualty who is not breathing</li><li>✓ Deliver rescue breaths in conjunction with chest compressions to a casualty who is not breathing</li><li>✓ Operate an Automated External Defibrillator</li><li>✓ Perform an illness assessment</li></ul>	<ul style="list-style-type: none"><li>✓ Apply an effective direct pressure method in a serious bleeding scenario</li><li>✓ Treat an unresponsive casualty for shock</li><li>✓ Stabilise the head and neck of a casualty suspected of suffering from spinal injuries</li><li>✓ Apply back blows or abdominal thrusts to a conscious casualty</li><li>✓ Treat superficial burns effectively</li><li>✓ Perform a head to toe injury assessment</li><li>✓ Apply appropriate bandaging techniques for bleeding, bleeding with impaled object, swelling and support for an extremity or joint</li><li>✓ Apply appropriate splinting techniques to protect and immobilize a fractured, dislocated, sprained or strained body part</li><li>✓ Check a responsive/unresponsive (but breathing) casualty for signs of serious bleeding, shock or spinal injury</li></ul>
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**Module Assessment:** The assessment will be divided in two, as follows:

1. Each learner will need to conduct practical tests/exercises related to First Aid tasks, such as **CPR, Handling a Chocking Victim, Handling an Unconscious Victim, etc.** The total duration of these assessments is of 30 minutes and are on a Pass/Fail basis.
2. At the end of the course, the learner will be assessed through a written test (having a mixture of multiple choice and short answer questions). The duration of this assessment is of 30 minutes and the Pass mark is 45%.

The learner has to obtain a pass from both the written assessment and all the practical exercises.

The Malta Further and Higher Education Authority (MFHEA) deems this certificate to be at Level 4 of the Malta Qualifications Framework and the European Qualifications Framework for Lifelong Learning. This course comprises study modules to which a total of 1 ECTS point is assigned.