# Award in Interpersonal Skills

## Applying for this course:

Individuals who are 16 years of age and older and who hold a MQF level 2 qualification OR have at least 3 years' work experience can apply for this course. For further information, kindly contact us on <a href="mailto:qa.jobsplus@gov.mt">qa.jobsplus@gov.mt</a> stating your ID card number, attaching copies of your qualifications and a copy of your CV highlighting your work experience. Alternatively, you can send the requested information by post addressed to: Quality Assurance Unit, Jobsplus Training Complex, Triq Birżebbuġa, Ħal Far BBG3000

#### **Course Duration**

This course is of 22 hours duration and consists of one Module - (including 2-hour assessment)

#### General pedagogical guidelines and procedures for this course:

The delivery of this course will be mainly held through a series of discussions, class work exercises and hands-on training. These will enable learners to practice and consolidate the classroom training. The trainer will also be holding lessons with the learners which will consist of various presentations and demonstrations.

#### General assessment policy and procedures for this course:

The learner will be assessed through an Ongoing Assessment that will take place throughout the duration of the course. At the end of the course, each learner will deliver a 10-minute presentation, in order to be assessed on his/her competence. The topic of the presentation will be chosen beforehand in agreement with the trainer.

### Module 1 Learning Outcomes-Interpersonal Skills

✓ Manage time more effectively	✓ Identify the importance of creativity and
	innovation
✓ Manage conflict, stress and anger	
	✓ Identify the importance of effective
✓ Deal with criticism	communication
✓ Deal with difficult interpersonal relationships	✓ Identify the importance of flexibility and
	adaptability
✓ Develop self-confidence	
	✓ Practice self-management
✓ Identify interpersonal strengths and weaknesses	-
	✓ Multitasking
✓ Define emotional intelligence	
	✓ Show initiative, leadership and responsibility
✓ Build connections with others	

#### **Module Assessment**: The assessment will be as follows:

Each learner will be assessed through ongoing assessments throughout the whole course, which will take into consideration the learner's classroom participation. This will have a total of 40% of the global mark.

Each learner will deliver a 10-minute presentation, in order to be assessed on his/her competence. The topic of the presentation will be chosen beforehand in agreement with the Trainer. This will have a total of 60% of the global mark.

Trainees will need to obtain a pass mark from both the Ongoing Assessment and the Presentation. The pass mark is 45%.

The Malta Further and Higher Education Authority (MFHEA)) deems this certificate to be at Level 4 of the Malta Qualifications Framework and the European Qualifications Framework for Lifelong Learning. This course comprises study modules to which a total of 1 ECTS point is assigned.