

Navigating Life and Work in Malta

Applying for this course

Individuals eligible to enroll in this programme would have completed compulsory schooling, up to 65 years of age. To apply for this course, you need to be a foreign individual who is legally residing and working in Malta and/or Gozo. For further information, kindly contact us on ga.jobsplus@gov.mt stating your ID card number, attaching copies of your qualifications and a copy of your CV highlighting your work experience.

Course Duration

This course is of 20 hours duration and consists of six modules:

- Module 1 is of 4 hours duration.
- Module 2 is of 3 hours duration.
- Module 3 is of 4 hours duration.
- Module 4 is of 4 hours duration.
- Module 5 is of 2 hours duration.
- Module 6 is of 3 hours duration.

General pedagogical guidelines and procedures for this course:

The delivery of this Course will be mainly held through a series of interactive sessions and classroom discussions, as well as presentations.

General assessment policy and procedures for this course:

Learners will be assessed through an Ongoing Assessment that will take place throughout the duration of the course. It will take into consideration the learner's classroom participation throughout the entire course.

Module 1 Learning Outcomes – Introduction to Malta's Culture and History

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| <ul style="list-style-type: none">✓ Have an overview of Malta's history.✓ Become more aware of the cultural norms, etiquette and social customs. | <ul style="list-style-type: none">✓ Have a basic introduction to the Maltese Language and basic daily expressions.✓ Understand the Maltese Identity. |
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Module 2 Learning Outcomes – Legal and Regulatory Frameworks

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| <ul style="list-style-type: none">✓ Understand basic introductory facts on the Maltese Economy.✓ Receive an overview of the Maltese employment regulations, employment rights and obligations, and working conditions.✓ Be introduced to the eligibility process and individual rights of Third Country Nationals when receiving a long-term residency status. | <ul style="list-style-type: none">✓ Be aware of important and relevant EU and Maltese legislations.✓ Receive guidance and information on driving in Malta: rules and regulations, valid documentation and special considerations. |
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Module 3 Learning Outcomes – Work Ethics and Human Rights

<ul style="list-style-type: none">✓ Comprehend workplace culture and work ethics in Malta.✓ Improve communication Skills (the importance of understanding written and spoken Maltese and English).✓ Have an overview of the transferable skills expected at the place of work, including teamwork, assertiveness and respect, conflict resolution, accountability, and attendance and punctuality.✓ Understand the importance of appearance at the place of work (personal hygiene, uniforms, cleanliness).	<ul style="list-style-type: none">✓ Be introduced to the Socio-Economic Values in Malta, including equal opportunities, gender equality, gender diversity, racial equality, freedom of thought and egalitarianism.✓ Understand the legal implications of harmful traditional practices.✓ Have a general overview of gender-based violence and human trafficking.✓ Identify racism, discrimination and harassment.✓ Be able to understand gender sensitivity.
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Module 4 Learning Outcomes – Cultural Integration and Community Engagement

<ul style="list-style-type: none">✓ Understand Malta's cultural norms.✓ Understand the right attitude towards cultural differences.✓ Learn how to embrace and respect cultural diversity.✓ Be knowledgeable of the different cultural practices and worldview.	<ul style="list-style-type: none">✓ Be able to build relationships with the locals and create a sense of belonging; socially and/or within a team.✓ Identify the different types of food (traditional meals, their purpose)✓ Become aware of what is socially accepted and what is not.✓ Receive basic knowledge of Faith and religious practices at the place of work.
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Module 5 Learning Outcomes – Maltese Healthcare System

<ul style="list-style-type: none">✓ Have an overview of how the health care system in Malta works.✓ Understand the difference between public and private health care services in Malta.✓ Briefly identify the different policies related to public health, such as disease prevention and control, health promotion and environmental health.	<ul style="list-style-type: none">✓ Be aware of the regulations for the healthcare providers.✓ Ensure quality of care and promote healthy lifestyles.
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Module 6 Learning Outcomes – Practical Information about Living in Malta

<ul style="list-style-type: none">✓ Have a well-rounded understanding of the practicalities of living and working in Malta.✓ Understand basic conversational phrases necessary for daily interactions.✓ Understand the transport system of Malta: public transportation options, rules and regulations for driving in Malta.✓ Have an overview of the banking system in Malta.✓ Build social connections and networking and identify recreation and outdoor activities, such as shopping, dining, cinemas, beaches, theatres and local markets that will help to integrate into Maltese society.	<ul style="list-style-type: none">✓ Have an overview of traditional activities and local feasts in Malta and Gozo, public holidays, special or occasional events such as Mnajra traditions, Festa Frawli, kite festival, etc.✓ Be knowledgeable of the emergency services.✓ Become aware of places to go to for assistance like the local post offices, social security departments, local councils, etc.✓ Be able to make an informed decision depending on the service/assistance required.
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Module Assessment:

Ongoing Assessment that will take place throughout the duration of the course.