

Food Handling Category B

Applying for this course:

To apply for this course, you should be 16 years of age or older.

This Category would include: Food handlers engaged in the preparation and handling of high-risk open food (unwrapped food) and owners / operators, managers or supervisors who handle any type of food. Job descriptions that would fall under this category include chefs, cooks, kitchen assistants, bar staff that prepare food, pot-wash staff that handle food, catering supervisors, grocery sellers that handle open food, ice cream and confectionery manufacturers and sellers, dairy products processors / manufacturers, food handlers working in fish processing and meat products processing plants.

Course Duration

This course is of 8 hours duration and consists of one Module - (including 0.5-hour assessment)

General pedagogical guidelines and procedures for this course:

The delivery of this course will be mainly held through a series of discussions and hands-on exercises. The trainer will also be holding lessons with the learners which will consist of various presentations and case studies.

General assessment policy and procedures for this course:

The learner will be assessed through a written multiple-choice test at the end of the course.

Module 1 Learning Outcomes- **Food Handling**

<ul style="list-style-type: none">✓ The importance of hygiene in the food industry✓ Pathogenic organisms – the potential to cause illness✓ High and low risk foods✓ Causes of food poisoning and how to avoid them✓ Food storage: protection, temperature control and rotation✓ Types and prevention of 'foreign bodies' in food✓ The importance of pest control	<ul style="list-style-type: none">✓ The importance of good personal health and hygiene✓ Reasons and needs to report illnesses✓ Causes and prevention of cross contamination✓ Cleaning and disinfection: materials used, methods, storage of detergents✓ Waste disposal: storage and hygienic disposal✓ Legal requirements as per local legislation
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Module Assessment: The assessment paper will be divided into 1 section:

- Section A – Multiple choice questions, which all need to be answered

The duration of this assessment is of 30 minutes and the pass mark is that of 45%.

Successful learners may apply for a Licence Category B which is issued by the Food Safety Commission